

HEADLINES

THE HEADWAY THAMES VALLEY NEWSLETTER September 2011

65's Club –

Mrs Painter	£65
Joe Bajada	£35
Adam Westcott	£20
Catherine McIvor	£15
Brian Tomlin	£10
Sonia Irons	£10
Elizabeth Ferris	£5
Elaine Jalland	£5

Thank you to all 65's club members for their support.

FORTHCOMING EVENTS:

Thursday 6th October 12-2pm
AGM – Brunner Hall
AGM business 12 – 1 followed
by a buffet lunch

Friday 7th October 8pm
Roy Bailey Band Jazz concert
at the Kenton Theatre Henley
In aid of Headway

Saturday 15th October
Fundraising Disco at Salisbury
Club 8 – late, bar and raffle
Tickets only £5
07778 116 656 or 07769 612 444

Thursday 24th November
7:30pm
Brunner Hall – Quiz Night

For all of these events please
call 01491 411469
email
info@headwaythamesvalley.org.uk

or check our web site
headwaythamesvalley.org.uk

NEWS

Headway Thames Valley was represented at the second Regatta for the Disabled at Phyllis Court Club, Henley, on 3rd September.



Our dragon boat team was made up of physiotherapists from the Royal Berkshire Hospital and members of Trustee Barbara Potter's Family – dressed as Super Heroes!



The team came 5th out of 10 teams and are pictured here winning their third race in an exciting finish.



Thanks go to outreach worker Angela Perks who painted little faces all day long and senior support worker Elaine Carpenter who manned the ‘splat the rat’ stall which was popular with young and old alike.

As the team were the only ones in fancy dress, they got a lot of attention and are also pictured in this week’s Henley Standard (9th September).

The entry price included a lucky dip ticket for children and we are very grateful to Jane and Adam Westcott for organising and bagging up the prizes for this event.

The Regatta for the Disabled is not a fundraising event, it is designed to give everyone, whatever their ability, access to the River Thames and to raise awareness of the charities involved – not just Headway. On the day there was also a display of adapted rowing, a travelling farm, music and lots of stalls.

There were free river trips too.

The only regret of the day was that there weren’t more Headway clients taking part. This was despite several reminders, leaflets in lunch boxes and entries in the ‘Dates for your Diary’ part of this newsletter. Please put it in your diary for next year, date to be confirmed but it is usually the first Saturday of September. Entry is only a few pounds and it is a great day out.

Sharon Warnes

We are very proud to report that Headway’s music therapist, Sharon Warnes, has been nominated for a Sue Ryder Women of Achievement award. Sharon was nominated by patron Debbie Flood – herself a recipient of the award in 2010. Sharon will be heading up to London for a presentation dinner and we all wish her lots of luck and hope that she will be successful.

Busking in the Abbey...

Headway supporter, Charlie James performed a solo guitar recital at Dorchester Abbey on Sunday 21st August 2011, as part of the 'busking in the Abbey' concert series. Charlie's 2 recitals were attended by an



audience of 70+ who donated £80 towards Charlie's nominated charity: music therapy at Headway Thames Valley.

Charlie also recorded our 'Headway and Friends' concert for posterity and members of the choir were recently able to re-live the event by listening to themselves on his recording.

Charlie is pictured left playing at the Abbey.

The Abbey plays host to many musical and cultural events throughout the year.

See www.dorchester-abbey.org.uk.

Jazz by the river...



The Roy Bailey Band played in the bandstand at Henley for Headway in July. Everyone had a great day out. A big thank you to the band and to the volunteers who moved amongst the crowds collecting £258.40: Phil Fraifeld and his family, Tom Satterthwaite and his fiancé Sophie, Catherine and Darcy Harrington and last but not least, my daughters, Ella and Lucy!

Kayaking at Wokingham Water Park



In August, clients took a trip to Wokingham Water Park. This was to use up the rest of the money that Andrew raised at the Green Park Challenge.

You will see from the photos that everyone had a great time. Everyone who wanted to get in a boat was able to experience what it's like to paddle with others and be part of a group enjoying the river. When they returned to the centre, they had lunch.



After lunch, Headway art therapist Helena arrived and there was a chance to draw and paint the river and the wildlife.

There was also a walk along the riverbank.

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Big thank you for the following very kind donations

Blue Mountain Golf Club- £235 **Chequers Pub,** Watlington - £28.80

You may have followed David Walliams' recent swim for charity up the Thames. Well local councillor,

Will Hamilton beat him to it – he also swam up the Thames for charity. He raised £500 for us – Well done Will and thank you!

Stoke Row Racing Club – have you ever heard of them? Neither had we until we received a phone call inviting us to the Maharaja's Well in Stoke Row for a cheque presentation. It seems they held a 'Motor Racing' day and presented us with a cheque for £1,000. Pictured at the well, next to one of their formula III racing cars (containing 'Stig') are Headway staff and clients and members of the club together with some Stoke Row residents.



We need raffle prizes!!!!!!

For forthcoming raffles and fairs

Please will you see if you have any of the following you could donate:

Bottles of wine/spirits – must be in date

Smellies – again must be in date

Chocolates and other gift items

Costume Jewellery – ladies – we all have bits we have been given or bought and never worn? And never will wear? We want them please – must be in good condition.

Super Raffle!

On the subject of raffles we will be having one at the concert at the Kenton on 7th October. Please buy a ticket (£1 each - phone or come in to the office) even if you can't go to the concert. Prizes are as follows:

1st Prize – dinner bed and breakfast at Henley Business School on the banks of the River Thames – a 5 star experience

Dinner for 2 and a bottle of wine at the Rising Sun, Witheridge Hill

Dinner for 2 at Déjà vu, Reading

Pair of FHI Heat Ceramic hair straighteners

£100 car service from Stoke Row Racing Club

Man/Ped icure at 'Perfection' in Henley

And many many more lovely things

Please spread the word about this concert and if big band isn't your thing come anyway! This band – or parts of it come to Headway a lot and are fantastic – I guarantee your feet will be tapping – you might even get up

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and dance – I know I will! If you really can't be there please make sure you pass details on to anyone you know!!!!

Why not put the following dates in your diary ?

PHONE OR SPEAK TO THE OFFICE FOR TICKETS OR IF ANY QUERIES

Tuesday Club - 4th October - 7:00 pm - Travellers Rest, Caversham

Thursday 6th October 12 – 2pm AGM to be held at Brunner Hall. AGM business 12pm – 1pm followed by buffet lunch as usual.

Friday 7th October 8:00pm - Roy Bailey Band Concert: 'Big Band Swing and that Sinatra Thing' at the Kenton. Tickets from Headway office, from Kenton Box Office - 01491 575698 or online at www.kentontheatre.co.uk

Saturday 15th October - 8 till late. Fundraising disco at Salisbury Club – Henley Bar and raffle.

Thursday 24th November – 7:30 pm - Brunner Hall – Another of our famous quiz nights – book your table early to avoid disappointment – last time we had to turn teams away

Thank you to Westcoast of Theale for donating ink cartridges enabling us to print this newsletter in colour

Contact details

Address: Brunner Hall
84B Greys Road
Henley on Thames
RG9 1TF

**View this and all our previous
newsletters on line:**

www.headwaythamesvalley.org.uk

Telephone: 01491 411469
Email: info@headwaythamesvalley.org.uk