

HEADLINES

THE HEADWAY THAMES VALLEY NEWSLETTER October 2014

Headway Thames Valley, Brunner Hall, 84b Greys Road, Henley on Thames, RG9 1TF

65's Club August 2014

J Bajada	£65
P Fraifeld	£35
A Westcott	£20
J Littlejohn	£15
B Potter	£10
S Budd	£10
S Irons	£5
A Keeley	£5

65's Club July 2014

B Potter	£65
M Adams	£35
C McIvor	£20
F Painter	£15
M Brown	£10
K Landau	£10
S Graham	£5
B Graham	£5

65's Club June 2014

K Butterfield	£65
D Kippax	£35
A Keeley	£20
M Brown	£15
F Painter	£10
J Smith	£10
S Graham	£5
S Irons	£5

Thank you to all 65's club members for their support.

News

Satellite on the move!



Our Thursday satellite has moved from Loddon Valley Leisure Centre to its new home at Academy Sport at South Reading Leisure Centre. We have renamed the service **South Reading Wellbeing**.

We now have a better meeting room for cognitive sessions as well as great gym facilities.

Regular tailored and supervised therapeutic exercise is vital for maintaining mobility and independence after brain injury.

Steven using the hip abductor



Simon using the tricep press



Scott using the low row

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Other satellite news:

Our other Wellbeing service – at Berkshire MS Therapy Centre in Oxford Road, Reading re-started this month after a break.

If you wish to make a referral for these or any of our services please download a form from our web site by following this link:

<http://www.headwaythamesvalley.org.uk/services-2/download-a-referral-form/>

More sport



During the winter months over the past two years we have taken groups of our clients to SportAble in Maidenhead.

SportsAble is a unique sports disability charity, dedicated to the promotion of awareness of disability through sport and recreational activity - and the integration of disabled and able-bodied people. take part in many sports, including table tennis, Boccia, Archery, Volleyball and Wheelchair basketball.

The photograph is of wheelchair basketball left to right Bharwesh, Cindy, Jane, Christina, Phil Nick, Gill, Rob, Jade

Nick Gibbs and his team always make us feel welcome and make the sessions fun. For further information please click on this link <http://www.sportsable.co.uk/>

Below are pictured the South Reading Wellbeing group on a trip out bowling recently.



HEADLINES

Palmer Park, Reading

We recently took a trip to Palmer Park in Reading where there is a bike for everyone. As you can see from these pictures, everyone enjoyed themselves – we'll definitely be back!



Tim



Dave and Tara



Gaye



Elaine

HEADLINES

Fundraising and donations

ELVIS LIVES!!



Gary Roman – Elvis Tribute act – performed on 8th August at the Salisbury Club to an audience including Headway Thames Valley clients, staff and club members.

The event , which included a charity auction raised £700 for the charity.

We would like to thank everyone who attended and supported this event, Gary and Fred and the staff of Salisbury Club for all their help

A huge thank you to all donors who have helped recently – listed below and any others not mentioned

In the Green Park Challenge

Andrew £555.17
Phoebe £212.13

South Street Arts Centre music event £103.50

J Sainsbury, Henley £196.70
Patrick Poole in memoriam £1,480
Childwick Trust £5,000 for enablement
Mark Farmar £1,000 for enablement

Shiplake Community Choir £1,172

Peter and Pat Darwent £305
Stuart Turner £1750
AJ Thornton £100
Salisbury club Elvis night 700
Boyes Turner Solicitors – leaflet sponsorship - £475
R4D stalls £327.35
Sandra Charitable trust £3000 for computers



Shiplake Community Choir leader Louise Rapple presenting a cheque for £1172 to Wendy Carlson at Shiplake College in June. The money was raised by the choir (pictured in the background) at a concert - their first! - held in Christchurch, Henley on 7th June.

Many thanks to Shiplake College who supported the event and to Louise and the choir members for their hard work.

HEADLINES



Staff from Invesco Perpetual spent a day sprucing up our allotment. Many thanks to all who helped (pictured above) They also very kindly donated £200 for a new garden bench .

A special thank you!!!

Our Ford minibus was very poorly and we wish to thank Ernie and Jean Povey very much for getting it back on the road for us. We were faced with a very big bill but Ernie together with our retired driver John Dennett put their heads together (and Jean worked very hard as test driver!) and between them they got it going. We were even thinking of replacing it so we are very, very grateful to them.

Good luck!!!



Tammy Renwick has been our Assistant Psychologist for 2 years. She originally joined the charity as a volunteer and after spending some time working abroad she returned working part of the time with centre clients and part of the time with Trevor's team in Reading.

Tammy will be sadly missed by clients and staff alike and we wish her the best of luck in her new job.

Tammy is pictured left surrounded by clients and staff on her last day.

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Welcome!!!



We're very pleased to welcome Carol Lock who has just joined us as Brain Injury Therapist. Carol has 17 years' experience working in neuro-rehabilitation as an Occupational Therapy Assistant.

She worked for 12 years at Battle Hospital and latterly at Berkshire Healthcare Foundation Trust.

Carol is a very valued addition to our team and is already building up a case load of clients she is helping in the community.

She will also work occasionally with clients in the centres on specific goals as well as assisting with running groups.



Welcome also to Barry Webb our new volunteer and trustee who joins us having retired from Waitrose head office. Barry has also spent the summer absolutely transforming our garden – pictured above.

DATES FOR YOUR DIARY

Friday 28th November

In a break from our usual format we are holding our annual meeting at the Salisbury Club in Henley on Thames on Friday 28th November from 12:00. This will be an opportunity for our Trustees to tell you about the progress of the charity over the last year. The AGM business was carried out at the last board meeting and the minutes of this meeting together with our accounts will be available to view on this date but the meeting will be more informal than our usual.

Wednesday 10th December

Our usual annual Christmas Carols 11 – 12 followed by mince Pies. Please arrive promptly if you want a seat

HEADLINES

Tuesday, 23rd December

Last day we are open before Christmas

Friday 2nd January 2015

First day we are open after Christmas

HOW YOU CAN HELP

Standing Orders, 65's Club and don't forget Gift Aid
Just contact the office for details

Charity of the year
Make Headway Thames Valley your charity of the year. You may work for a company or be a member of a club or organisation. Why not put Headway's name forward?

Donations
Make a donation by cheque, cash or through
www.justgiving.com/headwaythamesvalley
y. Please make cheques payable to Headway Thames Valley.

Legacies and In Memoriam
Remember Headway Thames Valley in your will or through donations in memory instead of flowers at a funeral.

STAY IN TOUCH

To follow us on Twitter and Facebook please follow the links on our web site

<http://www.headwaythamesvalley.org.uk/>

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www.headwaythamesvalley.org.uk